



Midweek Meditation



*"Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God."
Philippians 4:6*

Every morning, upon awakening, do you hear them? The birds are singing. In the midst of the pandemic, while scores of people are rioting and looting, these little birds are sweetly singing. Aren't they aware of the trouble taking place all around them? How is it that the birds can happily sing as if life is wonderful?

You and I are encouraged to be like these birds. Not that we are to bury our heads in the sand and ignore the world around us. God wants us to pay attention to the troubles in our world so that we can bring these, along with the troubles in our own life, to Him in prayer. And as we assume the posture of prayer, it is a clear reminder to us that God is in control. There is no crisis in the world, or in our own personal life, which is too great for Him to handle. Jesus entered our sin-torn world to triumph over our enemies by His death and resurrection. We, therefore, are able to sing like the birds. All is well. Our God, who is loving and forgiving, is in control.

Heavenly Father, let me not be anxious this day about anything. Calm my heart with the peace that comes from believing that I am in Your strong and gracious hands, through Jesus Christ, my Lord and Savior. Amen.